

Active Anatomy 2012

Workshop Series Timetable

Location:

Beyond Personal Training Exercise Studio
Suite 3, Level 1,
17 Grosvenor Street, Neutral Bay NSW 2089

Date	Time	Course	CEC's
Saturday February 25th	12 - 5:30pm	Posture & Assessment	5CEC's
Saturday May 12th	12 - 5:30pm	Core & Pelvis	5CEC's
Saturday September 15th	12 - 5:30pm	Neck & Shoulder	5CEC's
Saturday October 20th	12 - 5:30pm	Hip, Knee & Ankle	5CEC's
Saturday November 17th	12 - 5:30pm	Fascia and Foam Roller	5CEC's

WEEKEND WORKSHOPS 2012

Date	Venue	Course	CEC's
23 th - 24 th June	Melbourne	Most successful rehabilitation concepts!	11CEC's
21 st -22 nd July	Sydney	Most successful rehabilitation concepts!	11CEC's
18 th - 19 th August	Brisbane	Most successful rehabilitation concepts!	11CEC's

